

Micronutrient Testing

BUT I EAT A BALANCED DIET, EXERCISE AND TAKE A MULTIVITAMIN...

Many people lead healthy lifestyles, yet some individuals still have deficiencies. Why?

BIOCHEMICAL INDIVIDUALITY

Because each of us is metabolically and biochemically unique, the micronutrient requirements for one person may be quite different than the requirements of another.

ABSORPTION

Although you may eat a balanced diet, if you do not absorb vitamins, minerals, antioxidants and/or other essential micronutrients properly, you can have deficiencies.

CHRONIC ILLNESS

Health conditions such as arthritis, cancer, cardiovascular disease, diabetes, fatigue and multiple sclerosis, to name a few, can be affected directly or indirectly by micronutrient deficiencies.

AGING

Our micronutrient requirements at age 30 are quite different from our requirements at age 40, 50 and beyond. Absorption difficulties, especially of vitamin B12, quite commonly occur as we age.

LIFESTYLE

Excessive physical activity, prescription drugs, smoking, alcohol and sedentary habits all impact micronutrient demands.



SpectraCell's Micronutrient Testing provides the most comprehensive nutritional analysis available by measuring the following components:

VITAMINS

Vitamin A
Vitamin B1
Vitamin B2
Vitamin B3
Vitamin B6
Vitamin B12
Vitamin C
Vitamin D
Vitamin K
Biotin
Folate
Pantothenate

MINERALS

Calcium
Magnesium
Manganese
Zinc
Copper

AMINO ACIDS

Asparagine
Glutamine
Serine

ANTIOXIDANTS

Alpha Lipoic Acid
Coenzyme Q10
Cysteine
Glutathione
Selenium
Vitamin E

CARBOHYDRATE METABOLISM

Chromium
Fructose Sensitivity
Glucose-Insulin Metabolism

FATTY ACIDS

Oleic Acid

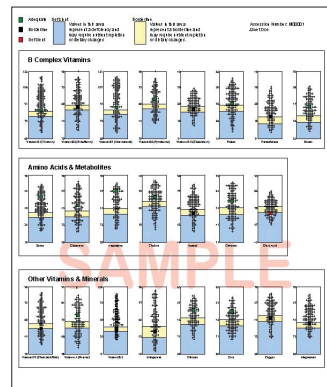
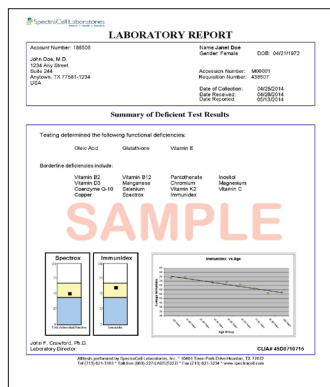
METABOLITES

Choline
Inositol
Carnitine

SPECTROX™ for TOTAL ANTIOXIDANT FUNCTION

IMMUNIDEX™ IMMUNE RESPONSE SCORE

MICRONUTRIENT SAMPLE TEST RESULTS



EASY-TO-READ GRAPHS IDENTIFY BORDERLINE DEFICIENCIES